

Kids



Norfolk
County Council



Norfolk Parent Carer Service

Autumn Term Online Workshops



Tuesday 22nd September Demand Avoidance

10.30am – 12.30pm

Sunday 4th October Eating Challenges 2pm – 4pm

Wednesday 7th October Eating Challenges 11am – 1pm

Wednesday 14th October Sleep 10.30am – 12.30am

Sunday 25th October Demand Avoidance 2pm – 4pm

Sunday 8th November Behaviour 2pm – 4pm

Friday 20th November Behaviour 10.30am – 12.30pm

Sunday 22nd November Sleep 2pm – 4pm

Monday 23rd November Resilience 11am – 1pm

Sunday 29th November Resilience 2pm – 4pm

Scan here for
booking form:



Join us online - just
scan the code and
choose your dates!

Email
sally.macgregor@kids.org.uk
for more info

