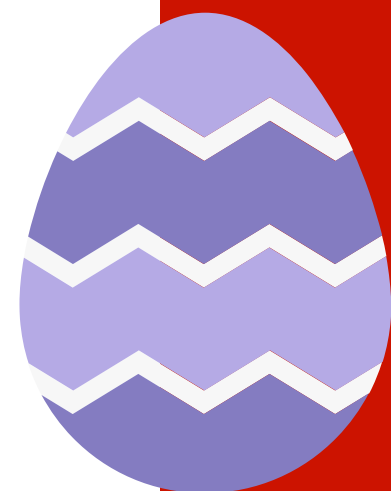


Easter Holidays!



**Monday 30th
March**



**Water Polo!
9:30-10:30
£12 per child**

Open to swimmers aged 8-14
years who can confidently
swim 20m

Wednesday 1st

April

Kayaking!

10:00-11:30

£20 per child

Open to swimmers aged 8-14
years who can confidently
swim 20m



**Wednesday 8th
April
Rookie Lifeguard!**

10:00-11:00

£12 per child

Open to swimmers aged 8-14
years who can confidently
swim 20m



Inflatable sessions!

Monday 30th March,

Wednesday 1st & 8th April

14:00-15:00

Bookable 5 days in advance



Stradbroke Swim and Fitness Centre - 01379 384376



New!

BRAND NEW..... Swimming Lesson Crash Course!

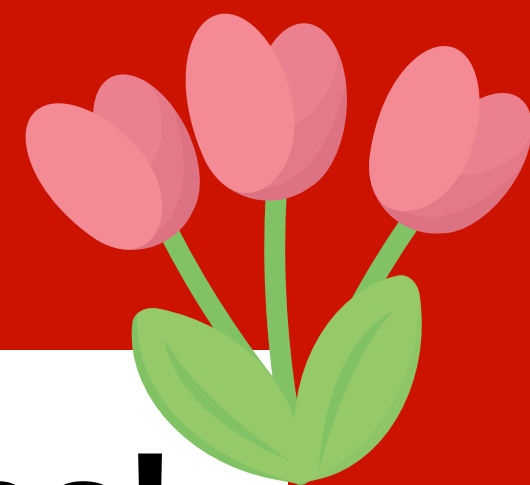
Ideal for children who want to try swimming lessons, swimmers in lessons who want a boost or just for fun. Lessons run for 30 minutes per day on all 3 days! The lessons take the same structure as the lessons in our scheme with a warm up, main theme and contrast activity.

**Tuesday 7th, Wednesday 8th and
Thursday 9th April**

**10:00 - Stage 1 - For children aged 4+
who have little or no water
confidence**

**10:30 - Stage 2 - For children
aged 4+ who are water confident
but cannot swim more than 5m
without aids**

£25.50 per child for all 3 days



Private Tuition 1-2-1 Lessons!

**Tuesday 31st March - 09:00 & 11:00
with Emma**

**Thursday 2nd April - 10:00-11:00 with
Dylan**

**Tuesday 7th April 09:00 & 11:00 with
Emma**

**Wednesday 8th April 9:30, 10:00 &
10.30**

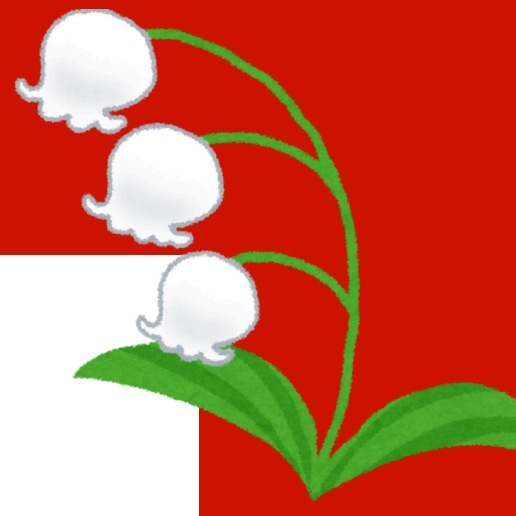
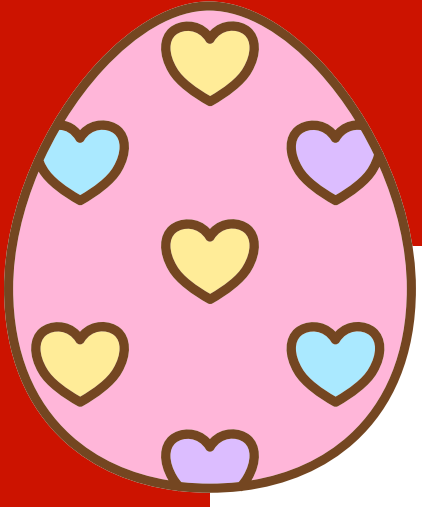
with Emma (Stages 1 & 2 only)

**Thursday 9th April 10:00-11:00 with
Dylan**

A 30 minute private lesson with one of our qualified teachers. These are ideal as an extra lesson if your child is stuck or struggling on something. If your child would like to perfect a skill or stroke. We also welcome swimmers from outside our scheme and tailor to your wants and needs!

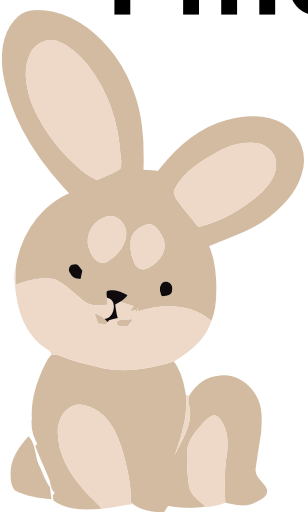
£28.80 per 30 minute lesson





Swimming Lessons at **STRADBROKE SWIM & FITNESS CENTRE!!**

At Stradbroke Swim and Fitness Centre we run our swimming lessons for children aged 4 months up to adults. There is something for everyone!



When you join our lessons we give you:

- **FREE** swimming in our public and family sessions for the swimmer in our scheme
- **FREE** badges and certificates
- **Lessons 50 weeks of the year**
- **Water safety lessons during the year**
- **Continual assessment and access to Sports Passport to track progress**
- **Opportunity to win swimmer of the month award**
- **ASA Qualified swimming teachers**
- **Lifeguarded swimming lessons for extra piece of mind**

